
*Selfridge Community
Service
Notes 'n Stuff*

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In this Issue:

Selfridge Community Service Events.....3, 4

California Governor Honors Wager.....4

Car Donation Info.....5

Free Band Concert5

The Employee Assistance Center Presents5

Worth Repeating5

Anheiser-Busch Theme Parks offer free tickets.....6

MWR Happenings.....7

U.S. Coast Guard Academy8

My Soldier, My Love, My Man9

Interesting Websites.....10

 Caption Contest Last Edition10

 Caption Contest This Edition11

Selfridge Community Service Events

July

- 1-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 13-Christmas In July! Will you be ready for Christmas this year? Join our lunch & learn workshop, Bldg 780, Room 106. To reserve your seat call (586) 307-4554.
- 14-Army Family Team Building Class Level II "Introduction to Effective Leadership" 11 a.m. to 1p.m. Bldg 780, Rm 106 Instruction on leadership traits from the perspective of the group and the leader. Covers situations that normally arise and communication essential for effective leadership Register by 9 Jul 307-5903
- 15- Smooth Moves Briefing for info call 307-5949
- 27-30- Transition Assistance Program (TAP) bldg 780, Rm 106. To register call 307-5949

August

- 5-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 11-Army Family Team Building Class, Level III "Building Self-Esteem" 11 a.m. to 1 p.m. Bldg 780, Rm 106. Students learn how to empower themselves and gain a higher self-worth. Students will also learn how to take care of themselves first so they can help others. Register by 2 Aug 307-5903

September

- TBD- Selfridge Family Forum 2004 Issue update Call 307-5903
- 1-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 16- RACC Meeting, Bldg 970, for info call 307-5949
- 18-Army Family Team Building Class, Level I 8 a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 6 Sep. Call 307-5903

Selfridge Community Service Events

October

- TBD Red Ribbon Week
- 6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 12-15- Transition Assistance Program (TAP) bldg 780, Rm 106. To register call 307-5949
- 13-Army Family Team Building Class, Level II "Volunteer Management-Marketing Volunteer Experience" Teaches methods of recruitment, training, retention, validation, and recognition of volunteer experience as a resource of seeking paid employment. Register by 4 Oct 307-5903

November

- 4-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 17-Army Family Team Building Class Level III "Personality Traits" Course instruction describes methods of determining various personality traits and how to benefit from those traits. Register by 8 Nov 307-5903

December

- TBD- Selfridge Family Forum 2004 Issue update Call 307-5903
- 2-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation call 307-5949
- 11-Army Family Team Building Class, Level I 8 a.m. to 4 p.m. Bldg 780, Rm 106 Lunch and child care available. This class provides basic information about the Army, and helps those new to the Army culture. Register by 3 Dec. Call 307-5903
- 15 & 16-Army Family Team Building Instructor Training. Bldg 780, Rm 106 11 a.m. – 4 p.m. This enables interested volunteers to conduct any level of AFTB classes. Register by 6 Dec. Call 307-5903
- 16- RACC Meeting, Bldg 970, for info call 307-5949

Selfridge Community Service Events

January 2005

6-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

February 2005

3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

March 2005

TBD- Selfridge Family Forum 2005 Call 307-5903

3-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

17- RACC Meeting, Bldg 970, for info call 307-5949

April 2005

7-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

TBD Volunteer Recognition Ceremony

TBD AER Campaign Kickoff

May 2005

5-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

TBD Military Spouse Day

June 2005

2-Newcomer's Briefing 0830 Rm 106 Child Care avail w/reservation
call 307-5949

TBD AER Campaign recognition ceremony.

CALIFORNIA GOVERNOR HONORS FRIENDLY PISTONS/LAKERS WAGER

June 23, 2004

Governor Jennifer M. Granholm today received a picture of California Governor Arnold Schwarzenegger honoring their friendly wager following the June 15 Detroit Pistons victory over the Los Angeles Lakers, in which the Pistons clinched the 2004 NBA Title. . .



"This is one Schwarzenegger picture I'd give four stars," said Granholm. "It is great to see that the Governor stayed true to his word and I appreciate his willingness and enthusiasm in accepting and honoring the bet. I look forward to next year's NBA Finals when I can make another friendly wager with one of my fellow Governors because ...to paraphrase the Terminator . . 'We'll be back'."

Last Wednesday, Granholm shipped to Schwarzenegger, via UPS, a package containing a Pistons jersey, Vernors soda, and packages of chocolate covered cherries. Three pasty shops in the Upper Peninsula, Lawry's Pasty Shop in Marquette, LaPanteria Bakery in Bessemer, and Pasty.com in Calumet, sent their traditional delicacies directly to the California Governor.

Granholm said she selected UPS to handle the delivery to make certain Governor Schwarzenegger knew "what (Larry) Brown had done to him." As part of the wager, the California Governor agreed to provide Granholm with a photograph of him wearing the jersey while enjoying a meal of Michigan products.

NEW PUBLICATIONS FOCUS ON CAR DONATIONS

IR-2004-84, June 29, 2004

WASHINGTON - Internal Revenue Service officials today announced the release of two new publications dealing with car donations as part of an effort to help taxpayers avoid potential pitfalls when they donate automobiles to charities.

The first publication, Publication 4302, "A Charity's Guide to Car Donations," addresses issues that charities need to know to properly operate car donation programs. The second publication, Publication 4303, "A Donor's Guide to Car Donations," is focused on individuals who make such donations.

"We want people and the charities to make sure they are taking the proper steps involving vehicle donations," said IRS Commissioner Mark W. Everson. . . . "But we encourage people to proceed carefully when donating vehicles. There are instances where the donations may provide little benefit to the charity."

For a taxpayer, the appeal of a car donation is simple: Unload an old car, help a worthy cause and take advantage of tax provisions designed to support the generosity of Americans. Taxpayers who itemize their deductions may be able to claim a charitable contribution for the cars they donate to charity. The deduction may not exceed the fair market value of the car. . . .

Publication 4303, "A Donor's Guide to Car Donations," reminds taxpayer that they need to make sure they are donating their vehicle to a qualified organization, receive a written acknowledgement from the charity, keep records and properly assess the fair market value of their vehicle.

Both publications are intended to assist individual taxpayers and those operating car donation programs to comply with tax law. Both publications are available at IRS.gov.

FREE BAND CONCERT

On Sunday, 18 July, Motor City Brass Band will be performing at the Warren Community Center (the old Warren High School – 5460 Arden) beginning at 7:00 PM. The band is just coming off its performances at Greenfield Village with the Detroit Symphony and will present a program of music that spans many styles of American music including Big Band, Ragtime, marches, and even a little Rock 'n' Roll.

The concert is free and will move indoors in case of inclement weather. For more information on the band and performances go to <http://www.mcbb.org> and click on "MCBB's Next Performance"

THE EMPLOYEE ASSISTANCE CENTER PRESENTS

Learning to Love and Appreciate Yourself, With Dr. Diane Michele
Many of us have been taught that it is selfish to love yourself. However if you do not love an appreciate yourself, how will you attract anyone else that does? Like attracts like, and this class will focus on letting go of old thoughts that no longer serve us, no longer make us feel joy and replace them with those that make your heart sing

12 Aug 04, Noon to 1300 Lufberry Hall, Gold room

Call Anna-Samulski at 586 307-5211 by 9 Aug 04 to reserve your seat

WORTH REPEATING

"Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything."

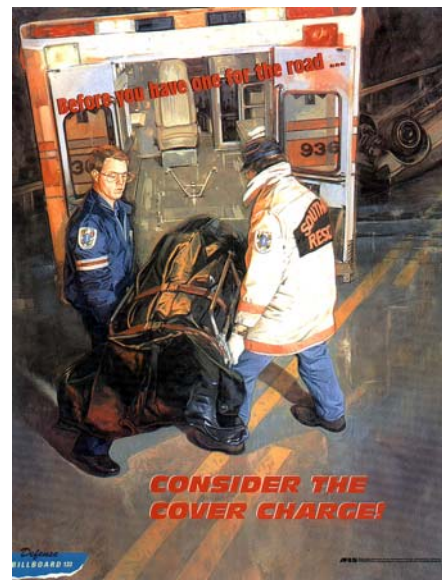
-Muhammad Ali



Tech. Sgt. Roger Thornton of the 603rd Air Control Squadron, reunites with his wife and children in Hangar 1 of the 31st Fighter Wing, Aviano Air Base, Italy, June 3, 2004. Personnel of the 603rd ACS returned after a 7-month deployment at Balad Air Base, Iraq, in support of Operation Iraqi Freedom. Photo by: AMN SCHERRIE GATES, 31ST COMMUNICATIONS SQUADRON
Record ID No. (VIRIN): 040603-F-5508G-001

ANHEUSER-BUSCH THEME PARKS OFFER FREE TICKETS

"Operation Homecoming" is honoring members of U.S. and coalition armed forces who were serving overseas and unable to take advantage of Anheuser-Busch's free theme park admission during last year's "Operation Salute" program between Memorial Day 2003 and Veterans Day 2003. The offer includes one free admission to any one of the company's three SeaWorld and two Busch Gardens parks or Sesame Place. Service members can register online, print the form and bring it on the date of their visit. Visit www.seaworld.com, www.sesameplace.com and www.buschgardens.com. Busch Entertainment Corp. also has launched "Military Appreciation Days," which offers discounted admission to its parks to all service members. Military Appreciation Days tickets may be purchased only at participating military base ticket offices, and the discounts apply only to single day tickets. Military Appreciation Days and Operation Homecoming began May 31, 2004 and runs through Veterans Day, November 11, 2004.



MWR HAPPENINGS

SWIMMING POOLS

Selfridge swimming pools are available for Open swim at these times: Weds-Sun Noon to 8:00 p.m. Swimming lessons are held Weds-Fri 10:00 a.m. to noon. Session 2 (14 Jul-23 Jul) and three (28 Jul-6 Aug) are still available.

The following levels are taught at the 10:00 a.m. class; ages 1 through 7, The 11:00 a.m. class teaches these levels Parent-infant and tot, ages 1-2.

For information contact 586 307-5053 or 586 307-5414

BIRTHDAY PARTY PACKAGES

Plan to have your child's birthday party at the Selfridge's Bowling Center!

Birthday Party Packages for children age seven and under include: one game of bowling/shoe rental, pizza (or hot dog), soda, and room rental for \$4.95/child. For ages eight and up - you get two games of bowling/shoe rental, pizza (or hot dog), soda and room rental for \$5.50/child.

Call (586) 307-5941 to make a reservation.

SATURDAY NIGHT TWILIGHT GOLF

Spend Saturday evenings this summer at the Selfridge Golf Course! Enjoy 9 holes of golf in the cool of the evening as the sun goes down for only \$10 (includes golf cart).

Tee off after 6:00p.m.. Call 307-4344 for tee times and reservations.



2ND ANNUAL FISHING DERBY

31 July 8:00a.m. - 12:00p.m. Outdoor Recreation Center

Mark your calendars for this great chance to show off your fishing skills!

There will be two categories - Boat, and, Shore. Prizes will be awarded for 1st, 2nd and 3rd for both categories. Age groups include Adult (ages 17 & up) and Youth (ages 16 & below). Fee is \$3.00 for active duty and \$5.00 for all other participants. Registration will be taken at the Sports Center and the Outdoor Recreation. Please register by July 27.

FRAMING/PHOTO CENTER

The Matting & Framing/Photo Center in building 780, offers darkroom facilities, a wide stock of supplies for sale, photo instruction on camera operation, darkroom procedures and advanced techniques. Call (586) 307-6848 for details.

Hours of Operation

Monday & Tuesday 3:00p.m. - 9:00p.m.

Saturday and Sunday 12:00p.m. - 6:00p.m.

(Closed Wednesday, Thursday and Friday)

DJ DANCE PARTY AND KARAOKE CONTEST

July 17 6:00pm - 10:00p.m.

Our DJ will be there to spin your favorite tunes at 6:00p.m. and the Karaoke contest at 8:00p.m. Prizes will be awarded for 1st, 2nd and 3rd place. Call Reggie's Pub at (586) 307-5941 for info.

Selfridge Lodging

Offers top-quality customer service and a variety of lodging selections to choose from. Hotel Suites and; 1, 2, 4 and 5 bedroom

Guest House Apartments are available to all authorized MWR patrons and family members. Accommodation rates range from \$35 - \$75!

Vacationing family members are eligible to stay at Selfridge Lodging, offering a safe location and close proximity to the local area.

So take advantage of our great prices and great service and call for a reservation today!

Reservation line (586) 307-4062 24 hours/day - 7 days/week .

UNITED STATES COAST GUARD ACADEMY

Founded in 1876, the United States Coast Guard Academy has a proud tradition as one of the finest and most selective colleges in America. The smallest of the five federal service academies, the Coast Guard provides a four-year Bachelor of Science program with a full scholarship for each individual. Unlike the other federal service academies, however, there are no congressional appointments. . . .

After successfully completing the Academy program, each graduate receives a Bachelor of Science degree in one of eight majors and a commission as an Ensign in the U.S. Coast Guard. Each graduate is required to serve a minimum of five years of active duty upon graduation.

Admission to the Academy is based on nationwide competition. An average of 290 students enter the Academy each year out of approximately 6,000 applicants. Midyear students are not accepted. The student body, known as the Corps of Cadets, consists of approximately 850 cadets made up of approximately 30 percent women and 20 percent members of minority groups, plus international students representing various countries. . . .

Location

The campus is in New London, Connecticut, on the western shore of the Thames River. It has twenty-six buildings on 120 acres of land. Halfway between New York, New York, and Boston, Massachusetts, the Academy is easily accessible by plane, train, bus, or car. . . .

The typical Academy class size is small, resulting in an average instructor-student ratio of 1:8. Only a few of the lower-level classes are taught in large group/lecture format. Additional instruction and tutoring outside of the classroom is always available through a strong academic support program. . . .

Costs

There is no fee to apply. All candidates who are offered and accept an appointment to the Academy must open a bank account on campus with \$3000 to purchase initial uniforms, a laptop computer, and miscellaneous items. Other than this initial cost, there are no additional fees. . . .

Admission Requirements

Competition is open to any young American across the country who meets the basic eligibility requirements. The U.S. Coast Guard Academy is unique from the other four federal service academies in that there is no congressional nomination involved. The individual must be a U.S. citizen (U.S. born or naturalized), unmarried, no dependents, 17–22 years of age (cannot be 23 prior to July 1 of the year of entrance into the Academy), a high school graduate, and have competed either the SAT I or ACT timed test. In addition, a medical exam must be passed.

Over the past four years, 90 percent of entering students have been in the top 25 percent of their high school class, and 62 percent in the top 10 percent of their high school class. Average SAT I scores in math were 652 and in verbal were 621. Average ACT scores in math were 28 and in English were 28.

Application and Information

Applications must be received by January 31st of the year prior to the year of entrance into the Academy. Students may apply on line at the Coast Guard Academy Web site. Those accepted into the Academy receive appointments between November and April of each year. The Academy participates in an early action program allowing student who submit their application by November 1 a guaranteed notification of application results by December 15. Whether an applicant receives an appointment through the early action program or by meeting the standard deadlines, the student is required to notify the Academy of acceptance or decline by May 1 of the entering year.



USCG Barque Eagle

My Soldier, My Love, My Man

*M*y world plunged into darkness
When you got the call that day,
You'd said that it couldn't happen
That you could be sent away!
My only thought right then
Was to make it to your side,
To spend remaining time together
Showing you all my love and pride!
We had only a month together
To build memories that would last,
To try and fit forever in
But our time flew by so fast!
Then that final day did dawn
And it was time to go,
Being together, for now, was over
Time now had become our foe!
So now I spend my days
Keeping busy as I can,
But every moment is filled with you
My Soldier, My Love, My Man!
Night times are the worst of all
My strength just disappears,
And with the cold, lonely darkness
I'm overcome by my fears!
Tears rain down across my face
As I say another prayer,
Begging that He'll keep you safe
Within his loving care!

Morning comes, and one more day
To pretend all is well,
I'm getting good at hiding from the truth
And living with this hell!
I know it's not just me feeling
This aching with my heart,
Yours too I sense is breaking
For each day we're apart!
You took me with you when you left
I'm in every step you make,
My heart and soul are in your hands
And in every breath you take!
I know I must be strong right now
And I've promised you I'll try,
I'll keep on fighting hard each day
On this you can rely!
Please know that I am waiting
Forever if need be,
For this tour to be over with
And you to come get me!
Together we will then 'go home'
To build our dreams anew,
Picking up where we left off
Forever, just me and you!

By Kathryn Drzinski

INTERESTING WEBSITES

These are very basic "how to" pages that you can really understand. Used with permission ed.

www.ehow.com/how_10194_celebrate-armed-forces.html

www.ehow.com/how_10132_bring-joy-service.html

www.ehow.com/how_4345_military-wedding.html

www.ehow.com/how_5478_dress-military-wedding.html

www.ehow.com/how_5209_handle-stuck-gas.html

www.ehow.com/how_3333_write-love-letter.html



An Iraqi Army basic training graduate is reunited with her son in Baghdad, Iraq, July 9, 2004, after completing a 10-week course at the Royal Jordanian Military College in Zarkha, Jordan. DoD photo by Staff Sgt. Ashley Brokop, U.S. Air Force. (Released)

CAPTION CONTEST Last Edition



"Touted for its accuracy over the Tomahawk missile, the new Nuclear Core golf ball launching system is undergoing extensive sea trials, as seen here."

LCDR Matt Butkis

Naval Reserve Center Detroit

"Who said Tiger Woods never hits his ball in the water."

Brad Brumm

U.S. Tank-automotive and Armaments Command

"It's a good thing he never hooks or slices"

Eric Brian

927 ARW/PA

"This new Close-In Weapons System has a slower rate of fire but it's deadly accurate!"

Thomas Takai

127WG

CAPTION CONTEST This Edition



Notes 'n Stuff

An Unofficial Publication

Editor Dave Colangelo

U.S. Army Garrison-Michigan

Links to non-DoD sites are included for information. No endorsements are made or implied.

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